



# interview questions

[ for guest features ]

# hej, i'm autistic jane

AKA JANE LIVELY

I started blogging long ago, when it was all so much different from how it is now. I dabbled in guest features, but my interview posts always sucked. I think I was mostly just trying to fit into a pretty little box that I was **never going to fit** into.

I've never tried this setup before, but it seems the most practical for what will work for me. My current mood/vibe as an autistic content creator is, "**What if I show up as myself, instead of trying to be like other content creators?**"

What if I try my own setup, even if I'm "supposed" to interview people verbally?

That's what this is. IMO, **the right guests will partake**, while the obvious wrong ones will exit stage left.



# table of contents

PAGES FOR DAYS

**04** INSTRUCTIONS

## **FEATURES**

**05** A DAY IN THE LIFE OF AUTISTIC ADULTS

## **FIN**

**10** NOTE FROM JANE



# instructions

(HOW TO USE THIS PACKET)



## Choose a feature

Choose a guest feature to participate in. You can do all of them, but only one per month per person unless I'm supes low on features. **Currently just ONE option while I work out kinks.**

1



## Choose questions

Depending on the feature and your answers, select 4-15 questions/prompts for your guest feature from the list associated with your guest feature selection.

2



## Answer & submit

Once you finish filling out your interview, please follow the submission guidelines located on the **"Write for Autistic Jane"** page.

3

# a day in the life

## SPECIFIC GUIDELINES

You **must be autistic** in order to be a featured guest for this column. Caregivers of autistic people do not qualify. **Self-Dx is valid.**

### Must-haves



Hi! Please introduce yourself in up to 150 words. Don't be overly advertorial. It should feel like a conversation with a friend :)



Include a photo of YOU or a faceless photo of you, if you don't want to share your face.



Choose 8-15 prompts to answer, no more than 4 photo prompts. Please give succinct, yet detailed responses.



Share only what you are comfortable sharing about yourself/your life. Autistic Jane is a public blog.

### FYI



I am at liberty to decline a guest submission at my own discretion and need not provide an explanation to why.



Selfies ft. face filters will be denied. My blog isn't that kind of blog; I do want to maintain my current photo standards.



It's okay to explain the whys of your life, but I'd rather you link to a blog post or captioned video than spend 300+ words doing so.



I started a Facebook group for Autistic Jane! It's brand new, but if you want to connect more personally, **please join!**



# a day in the life

CHOOSE 8-15 QUESTIONS OR DO A TIMELINE.

- Today, I feel proud of myself because...
- If I could have done something different today...
- Today, I wore...
- Today, I read/watched/listened to:
- Something funny that happened today:
- The last text/status I sent/received today:
- Something I ate today was:
- Mood: (in emoji or photo)
- A note about today:
- Today, I smiled because:
- One kind compliment from me to myself for today:
- A quote from today, taken out of context:
- Today, I am thankful for:
- I practiced self-care today by:
- Tomorrow, I need to:
- One pleasant photo from today:
- If I wrote a song about today, it would be titled:
- Before writing this, I...
- Today in four words or less:
- One thing I did today that I needed to do:



# a day in the life

- Something I should've done today, but didn't: & But that's okay, because I...
- Today, I enjoyed:
- One thing from tomorrow's to-do list:
- One photo from today:
- After this, I'm going to:
- If today was a song, it would have been:
- Today, the weather was...
- Today, something I could have done better was... & But that's okay, because I...
- Today, I awoke at...
- The first thing I ate today was:
- The last thing I ate today was:
- Today, I really wanted:
- For lunch, I had:
- Something I did today was:
- Something about my day I wish people knew about is:
- Something I needed to do today, but didn't do was: & But that's okay, because...
- What time is it?
- Who did you speak to most recently?



# a day in the life

- What does your last sent message (text/DM) say?
- How did you feel today?
- A word to describe your mood today:
- Write a haiku about today:
- Something that didn't go according to plan today was: & But that's okay, because...
- Something I love about myself today is:
- Something good that happened today:
- On my to-do list for tomorrow is:
- A random moment from today:
- 3 things I'm currently in love with:
- Something new I did today was...
- Three words to describe today:
- Four words to describe this month thus far:
- The first message/notification I received today was from...
- Tonight, I will...
- Today in 250 words or less:
- A random note from today:
- The time right now is...
- Today, I'm grateful for...





# a day in the life

- Later, I'm going to...
- One word to describe today:
- What are you thinking about? & What else are you thinking about?
- How did you start your day?
- How did you end your day?/How will you end your day?
- Thought snippet of the day:
- Outfit of the day
- Today, I learned...
- Other stuff I did today:
- How my autism affected my day today:

Definitely don't choose all of these! :) Browse the **DITL tag** of my older posts for timeline formatting ideas.

The purpose of giving you a list of Qs to choose from is so EVERY "interview" will be unique -- your own collection of prompts.



# note from jane

I intended to start with all 4 guest columns I wanted to implement, but alas...I have just the one. I gave myself a deadline and only finished preparing prompts for one feature.

This is probz for the best, considering how easily overwhelmed I get.

The next guest feature in progress is my **Actually Autistic Author Spotlight**.

x

Jane Lively

**Autistic Jane**

